



Beef eater

Since '74

SUNDAY ROAST MENU

Every Sunday from 12pm

Our Sunday dishes are served with crispy roast potatoes, golden honey-glazed parsnips, Yorkshire pudding, stuffing, a selection of vegetables, and gravy, unless stated otherwise.

Roast Sirloin of Beef

30-day-aged from British and Irish farms, cooked medium (1,229kcal)

Roast Gammon

Hand-carved and roasted until golden (1,158kcal)

Ultimate Sunday Roast

Get the best of all our meats with Gammon, Turkey & 30-day-aged Sirloin (1,156kcal)

Turkey Breast

Tender and succulent slices (1,081kcal)

No-Chicken Roast (V)

GARDEN GOURMET® Sensational™ Chicken-Style Fillet, served with meat-free gravy (1,104kcal)

Want to make it Vegan?

Just ask! (Ve) (803kcal)

Add an extra slice of Beef (+101kcal), Gammon (+77kcal) or Turkey (+51kcal) to any roast

ADD A LITTLE EXTRA*

Cauliflower Cheese (V)

(268kcal)

'74 Grilled Veg with

Asparagus (Ve) (40kcal)

Unlimited Favourites!

Tuck into unlimited portions of crispy roast potatoes (Ve) (213kcal per portion), Yorkshire puddings (V) (140kcal per portion) and gravy (Ve) (18kcal per portion)

Kids' Roast

Beef Sirloin (547kcal)

Roast Chicken (524kcal)

Served with a Yorkshire pudding, roast potatoes, garden peas, carrots and gravy



CAN WE TEMPT YOU?

Check out the main menu for our delicious range of starters and desserts!

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



Adults need around 2,000kcal a day. Children need around 1,800kcal a day, this will vary by age and some children will need less, and some will need more

Don't worry, we know there are allergens in our food and drink which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. "V" = suitable for vegetarians, "VE" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. GARDEN GOURMET® - is a registered trademark used in agreement with the trademark owner. *Extras are only available when a Sunday Lunch main course is ordered at the same time. This menu is available most Sundays, subject to exclusions. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our best to offer you the nearest alternative. Images for illustrative purposes only. Prices are inclusive of VAT. For full terms & conditions please see our main menu. The calories provided are based on the average serving size for the whole dish as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.